

what we have his 1 S all been waiting for - the start of the 2008 CSA season. I hope you are all as excited as we are for the upcoming 20 weeks. We have nothing but high expectations for this season, which is turning out to be a pretty darn good one thus far. My name is Mike and I will be writing the majority of your newsletters, although I hope to wrangle a few other willing writers to throw in a blurb now and again. The purpose of this weekly rag is to inform you as to what's in the box, to give you an update as to what's happening at the farm and to let you know of any logistical



changes, updates or events. Most importantly, the newsletter is your map of the box; it is your guide to the veggies that await within. My wife and the fabulous chef, Dani Lind, writes this integral part of the newsletter. Weekly, she will provide you with a recipe or two, plus a note on how to use, or facts about, each veggie in that week's box. And lastly, from time to time we will throw in a wee graphic created by Seward Site Coordinator and shiatsu therapist Julie Kesti that highlights an individual vegetable and some of its beneficial properties. Certainly a newsletter worth reading!

News from the Fields of Driftless Organics \_\_\_\_\_\_Volume 2, Issue 1 - June 12 - 14, 2008 \_\_\_\_\_

I am hoping by now you have navigated your way to your pick up site and have figured out where you box is located. And I hope you grabbed a calendar, a handy tool to have around to remind you of importants dates like pick-up days and the harvest party this fall. If you are sharing a box, be sure to grab one for all families involved.

So, as I say, things around here have been going relatively smoothly. We have been getting just about every crop in the ground in a timely manner and we are keeping up with the weeding. Nature has been blessing us with both sun AND rain, both of which are essential in growing good vegetables. We did have a slightly slow start due to a cold, wet early spring and thus, our Blue Potatoes Green Garlic Green or Red Leaf Lettuce Kohlrabi Spinach Radishes Rosemary

early crops like peas and fennel are a week or so behind. Nevertheless, our fields are filling up fast with a multitude of different veggies.

We have a group of 10 or so individuals to thank for getting all of these vegetables planted. Our crew (most of whom are pictured on the back of the calendar) are proving to be some of the best, hardest working folks I have ever encountered. We are truly blessed and truly thankful to have such a crew.

And last but certainly not least we have you all to thank. It is because of your suport that we are farming right now. After last year's flood (see August 23 newsletter on our website), we lost so much that we weren't really sure if we'd be able farm anymore. Yet, thanks to the generous support of the Sow the Seeds Foundation and all of you, our CSA members, here we are. So to the fields we go without looking back. A season of fresh veggies is upon us!



Don't forget to pick up a calendar! It is your manual for the year!



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## YOUR\_BOX

Blue Potatoes Kohlrabi Lettuce Spinach Radishes Rosemary

